



ANREV WEBINAR  
THURSDAY 21 SEPTEMBER 2017

## **Health and wellbeing in the workplace – why investors and fund managers should be interested**

ANREV is pleased to invite you to join a webinar session on 21 September 2017 (Thursday).

Healthy employees make healthy businesses. Presented by Lendlease's Head of Health and Wellbeing, Duncan Young, this webinar will outline global health and wellbeing trends and describe how leading organisations are using the 'physical' workplace as a catalyst to improve employee wellbeing.

Lendlease has taken a holistic approach to employee health and its link to productivity. Its four-pillar employee health and wellbeing strategy - healthy minds, bodies, places and culture - uses both the physical workplace and employee wellbeing programs to effect lasting health change.

Duncan's presentation will indicate that real estate investors need to respond to these trends by future proofing investments for the changes in expectations that lay ahead.

Key learnings from the webinar will include: how to use building data to shape wellness; success factors for employee health and engagement; confirmation that health is a journey and is built over time; and the need to future proof property assets for future health and demographic trends.

Join us for this webinar discussing the implication of corporate health and wellbeing trends on Real Estate investment and the property sector on 21st September.

### **Details:**

Date : Thursday 21 September 2017  
Time : 15:00 – 16:00 (HK time GMT +8)  
RSVP : Please email to [sylvia.leung@anrev.org](mailto:sylvia.leung@anrev.org)



**Presenters bio follows:**



**Duncan Young**  
**Head of Workplace Health and Wellbeing**  
**Lendlease**

Duncan Young is the Head of Workplace Health and Wellbeing at leading international property and infrastructure group Lendlease which has operations in Australia, Asia, Europe and the Americas.

He is a passionate advocate for the positive impact of workplaces on health and is a leading speaker in this area. He focuses on elements of workplace wellbeing that help individuals thrive, not just at work, but in life.

His strategies and programs are based on research but are grounded in the workplace environment as this is where we spend most of our waking time. He believes that health is a journey and that small steps can lead to larger incremental change. His latest research on stress and energy renewal uses bio-feedback devices developed in elite sports to help 'corporate athletes' perform at their best.

When he is not travelling, Duncan is based in Sydney at Lendlease's global headquarters. Sydney's temperate climate allows him to pursue his twin passions of surfing and ocean-swimming (his personal tools for keeping in-balance).